



**2nd European Team
Championships
Belgrade/SRB**



TEAM MANUAL

(www.belgrade2010.com)

2nd European Team Championships – Second League

19.-20. June, 2010.

Belgrade, Serbia



2nd European Team Championships Belgrade/SRB



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1. GENERAL INFORMATION

Belgrade lies at the crossing of the communication lines between Eastern and Western Europe, on the Balkan Peninsula. It rises on the banks of the **Sava and the Danube** and the two rivers run along three sides of the city.

The geographic coordinate of Belgrade are:

- **44°49'14"** North geographic latitude,
- **20°27'44"** East geographic longitude,
- average elevation **116,75 m**.

The Belgrade is also combines two different natural settings: the Panonian Plane with wheat and corn fields to the north, and Šumadija, with its vineyards and orchards, to the South of the Sava and the Danube.

TERRITORY

The urban core of Belgrade, encompasses an area of 36 km², and the total municipal territory amounts to **322 km²**.

The perimeter of the suburban area is 419 km. The greatest distance in the North-South direction is 92,98 km, and in the East-West direction is 67,50 km.

Administratively, Belgrade is subdivided into **17 municipalities**:

- **10 urban** (Čukarica, Novi Beograd, Palilula, Rakovica, Savski venac, Stari grad, Voždovac, Vračar, Zemun and Zvezdara),
- **7 suburban** (Barajevo, Grocka, Lazarevac, Obrenovac, Mladenovac, Sopot and Surčin).

CLIMATE

The Belgrade climate is **moderate continental**, with four seasons. The average annual air temperature is **11,90C**. Autumn is longer than spring, with lengthy sunny and warm periods (Indian summer). Winter is not particularly harsh, and averages 21 one days with below zero temperatures. January is the coldest month of the year with an average temperature of 0,40C. Spring is rather short and rainy. Summer starts abruptly. The hottest months are July (21,70C) and August (21,30C).

Belgrade has a characteristic south-eastern and eastern wind called "**košava**", which brings fair and dry weather. It is most frequent in the fall and winter, lasting for 2-3 days. The average "košava" speed is 25-43 km/h, particularly when there is a high air pressure over Ukraine and Bessarabia, and low pressure over the Adriatic Sea.

Belgrade has an annual average of 139 days with precipitation, including 27 days of snow. The most intense precipitations are in May and June, and in February they are the least. One-day rains are most frequent. The annual average of precipitations is 667,9 mm. The snow blanket averages 30 to 44 days, and its average thickness is 14-25 cm.

POPULATION

According to the 1991 census, the Belgrade urban area has a population of 1.168.454, and together with the suburban areas the capital city has a population of 1.602.226. Estimates are that Belgrade now has more than **2.000.000** inhabitants.

As a result of its stormy past, many nations have been living in Belgrade for centuries, and **Serbs** are the majority (86%).

LANGUAGE AND ALPHABET

The official language in Serbia and Montenegro is **Serbian** - one of the south Slavic languages. Officially the **Cyrillic alphabet** is used, and the Latin alphabet is also very much in use. Both are taught at school. The **Serbian Cyrillic** alphabet has **30** letters - one letter for every sound, which makes it quite unique compared to the other alphabets.

The languages and alphabets of the ethnic minorities are in use in the areas they live in.

Foreigners can rely on **English** to communicate with the locals, and on German French and Russian to a lesser extent.

III) **ALPHABETI SERBORUM**
c u m
viciniorum popularium et aliis cultioris Europae alphabetis παραλληλισμός.

Serb. graec.	Serb. lat.	Hun-gar.	Croat.	Car-niol.	Bo-hem.	Polon.	Ger-man.	Ital.	Gall.	Angl.
А а а	a	á	a	a	a	a	a	a	a	—
Б б б	b	b	b	b	b	b	b	b	b	b
В в в	v	v	v	v	w	w	w	v	v	v
Г г г	g	g	g	g	g'	g	g	g: gara	g: gant	g: gold
Д д д	d	d	d	d	b	d	b	d	d	d
Ђ ђ ђ	dj, gj	gy	dy, gy	—	b'	—	—	—	—	—
Е е е	e	e	e	e	e	e	e	e	e	e: bet
Ж ж ж	x	zs	s	sh	ž	z'	—	—	j	s: osier
З з з	z	z	z	s	ž	z	j: Iefen	s: rosa	z	z: razor
И и и	i	i	i	i	i	i	i	i	i	ee, y
Ј ј ј	j	j	j	j	g	i: ia	j	j	i: mien	y: yes
К к к	k	k	k	k	ł	k	ł	c: caro	c: car	k
Л л л	l	l	l	l	l	l?: wilk	l	l	l	l
Љ љ љ	lj	ly	ly	lj	—	l: li	—	gl: gli	il. ail	—
М м м	m	m	m	m	m	m	m	m	m	m
Н н н	n	n	n	n	n	n	n	n	n	n
Њ њ њ	nj	ny	ny	nj	ň	ň	—	gn	gn	—
О о о	o	o	o	o	o	o	o	o	o	o: note
П п п	p	p	p	p	p	p	p	p	p	p
Р р р	r	r	r	r	t	r	r	r	r	r
С с с	s	sz	sz	f	f, š	s	š	s: sono	s: son	s: so
Т т т	t	t	t	t	t	t	t	t	t	t
Ђ ђ ђ	ch	ty	—	—	t'	—	—	—	—	—
У у у	u	u	u	u	u	u	u	u	ou	oo
Ф ф ф	f	f	f	f	f	f	f	f	f	f
Х х х	h?	h	h	h	ch	ch	ch	—	—	—
Ц ц ц	c	cz	cz	z	c	c	š	z: zio	—	—
Ч ч ч	cs	es	ch	zh	č	cs	t(ch?)	c: ciò	—	ch: child
Џ џ џ	—	—	—	—	—	—	—	ge	—	j
Ш ш ш	sc, sh	s	ss, sh	řh	ř, š	sz	[č]	sc: esce	ch: cher	sh
Ъ ъ ъ*)	—	—	—	—	—	—	—	—	—	—

*) Nil sonat (nisi forte vocalem mutam), sed r literae, quae Serbis, sicut Bohemis, vel sola absque ulla vocali, syllabam facit, apponitur, ne eadem r litera ad praecedentem aut sequentem syllabam trahatur, e. g. уѣрѣо, грѣоче, lege u-mr-o, gr-o-ce.

TIME ZONE

Belgrade lies in the central European time zone **CET (GMT+1 hour)**.

The **summer daylight saving time** is from the end of March to the end of October (GMT+2 hours).



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WORKING HOURS

Banks and post offices:

- working days 08.00-19.00
- Saturdays 08.00-15.00
- Sundays only those on duty

Groceries:

- working days 06.30-20.00 (some also until 21.00)
- Saturdays 06.30-18.00 (some also until 21.00)
- Sundays 07.00-11.00 (some also until 13.00)

Markets:

- every day 06.00-17.00

Shops in shopping malls:

- working days 09.00-20.00

Department stores:

- working days 08.00-20.00
- Saturdays 08.00-15.00
- Sundays closed

Drugstores:

- open 00.00-24.00

CURRENCY



The official currency is the **dinar** (RSD) and 1 dinar consists of 100 para.

Coins: 50 para, 1, 2, 5, 10 and 20 dinars

Paper bills: 5, 10, 20, 50, 100, 200, 500, 1000 and 5000 dinars

Currency exchange is performed by:

- all the banks
- all the post offices
- exchange offices



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2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

President	Hansjörg Wirz (SUI)
Vice Presidents	José Luis de Carlos (ESP) Svein Arne Hansen (NOR)
Treasurer	Karel Pilny (CZE)
Director General	Christian Milz (SUI)
Council Members	Janez Aljancic (SLO) Franco Arese (ITA) Sylvia Barlag (NED) Jonathan Edwards (GBR) Frank Hensel (GER) Dobromir Karamarinov (BUL) Philippe Lamblin (FRA) Toralf Nilsson (SWE) Ludmila Olijar (LAT) Antti Pihlakoski (FIN) Jorge Salcedo (POR) Salih Munir Yaras (TUR) Vadim Zelichenok (RUS)
IAAF President (ex officio member)	Lamine Diack (SEN)
European Athletics Honorary Life President	Carl-Olaf Homén (FIN)

2.2 European Athletics Delegates

Council Delegate	Ludmila Olijar (LAT)
Technical Delegate	Gabrijel Ambrozic (SLO)
Doping Control Delegate	Jan Engstrom (SWE)
Jury of Appeal	Pierre Delacour (FRA) Jordi Roig (ESP) Niels van der Aar (NED)
Secretary of the Jury of Appeal	Olga Acic (SRB)

2.3 European Athletics Office

European Athletics
Avenue Louis-Ruchonnet 18
1003 Lausanne, Switzerland
Tel: +41 21 313 43 50
Fax: +41 21 313 43 51
E-mail: office@european-athletics.org
Web: www.euroepan-athletics.org



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2.4 Executive Board of Serbian Athletic Federation

President	Veselin Jevrosimovic
Vice President	Stevan Zoric
Vice President	Zoran Petrovic
General Secretary	Slobodan Brankovic
Member	Jovan Surbatovic
Member	Ratomir Maksimovic
Member	Snezana Pajkic - Jolovic
Member	Dragan Pesikan
Member	Ivan Tasovac
Member	Robert Coban
Member	Vlada Lucic
Member	Boris Rankovic
Member	Sasa Plecevic
Member	Goran Karic

2.5 Local Organising Committee

President	Vlada Lucic
General Secretary	Slobodan Brankovic
LOC Event Co-ordinator	Petar Nikolic
Protocol / Hospitality	Olga Vasiljevic
Press / Media	Biljana Danicic
Finance	Dragan Zaric
Accreditation	Drazen Bosnjak
Travel / Accommodation	Miodrag Jelic
Marketing	Borislav Pusic
Medical/Doping	Dr Nikola Cikiriz
Competition	Ozren Karamata

2.6 Competition Organisation

Competition Director	Ozren Karamata
Meeting Manager	Goran Begovic
Technical Director	Milorad Recevic
Event Presentation Manager	
Call Room Referee	Miodrag Jelic
Track Events Referee	Cvijan Pusic
Starter(s)	Borisav Pusic
Start Coordinator	State Alkusevski
Chief Timekeeper	Predrag Lekanic
Chief Photofinish	Ivan Recevic
Field Events Referee	Krasomenko Miletic
Technical Information Centre Manager	Dragana Nestorovic
Jury of Appeal Secretary	Olga Acic
Competition Secretary	Milena Acic Zaric
Marshall	Ismail Macev



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3. ARRIVALS

3.1 Arrival by Air

Belgrade (Nikola Tesla) International Airport is the official airport.

3.1.1 Welcome Service

Upon arrival, teams will be met by the LOC representative and *team attaches*. A welcome desk will be located in the lobby on airport (arrival entrances after costumes procedure), and will be open 17. June to 18. June from 10:00 h until 19:00 h.

Once luggage has been collected, team members will be escorted to buses which will take them to their hotel.

Coach transport will operate for teams. Coaches will be allocated to teams and will be clearly identified by signage. These coaches will be parked in front of the exit from the airport.

The transfer time from the airport to the official hotels is 20 minutes.

3.1.2 Transportation of Equipment

The LOC will provide the transportation of poles from Airport to the Continental Hotel by special vehicle together with teams

3.2 Arrival by Train

For teams arriving at Railway Stations (Main Railway Station Belgrade), a welcome desk will be located on the main entrance, from where teams will be escorted to buses, which will take them to their hotels.

Transfer times from the stations are as follows: 20 minutes.

3.3 Arrival by Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.



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3.4 Visa Requirements

The following countries require visas to enter Serbia:

Moldova

Visas should be obtained before leaving your country, from Serbian Embassy or Consulate. Should you have any problems, or require a letter of invitation please contact the LOC.

If you require any additional assistance with your application please contact
Miss Dragana NESTOROVIC, Administrator Secretary
Tel: +381 11 2625088, Fax: +381 11 2627371, email: asj@eunet.rs

4. TRANSPORT

4.1 Transport and Accommodation Desk

The transport desk will be located at lobby of the Hotel Continental and will be open :

16 June	from 14.00 until 21.00
17 June	from 08.00 until 21.00
18 June	from 08.00 until 21.00
19 June	from 08.00 until 21.00
20 June	from 08.00 until 21.00
21 June	from 08.00 until 16.00

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotels, training venues, social functions and the competition venue. Full details of the schedule will be displayed at the Information desk in the Hotel Continental. Transfer times between the hotels and the competition venue will be between *15-20 minutes*, depending on traffic conditions.

The following arrangements have been made for the team hotel:

17 June

Route: Hotel Continental – Red Star Stadium – Hotel Continental
Activity: Training
Times: From Hotel Continental at 16.45, 17.00, 17.15, 17.30
From Red Star Stadium at 18.30, 18.50, 19.10, 19.30

18 June

Morning training session
Route: Hotel Continental – Red Star Stadium – Hotel Continental
Activity: Training
Times: From Hotel Continental at 9.40, 10.00, 10.15, 10.30
From Red Star Stadium at 11.30, 12.00, 12.30

18 June

Afternoon training session
Route: Hotel Continental – Red Star Stadium – Hotel Continental
Activity: Training



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Times: From Hotel Continental at 15.40, 16.00, 16.20, 16.40, 17.00, 17.20, 17.40, 18.00, 18.20
From Red Star Stadium to Military Academy Stadium at 16.50, 17.50
From Military Academy Stadium to Red Star Stadium at 18.15, 19.15
From Red Star Stadium at 17.30, 17.50, 18.10, 18.30, 18.50, 19.10, 19.30, 19.50, 20.10, 20.30

19 June

Route: Hotel Continental – Red Star Stadium – Hotel Continental

Activity: Competition

Times: From Hotel Continental at 13.15, 14.45, 15.00, 15.20, 15.40, 16.10, 16.30, 16.50, 17.10, 17.30

From Red Star Stadium at 17.40, 18.00, 18.20, 18.40, 19.00, 19.20, 19.30, 19.40

20 June

Route: Hotel Continental – Red Star Stadium – Hotel Continental

Activity: Competition

Times: From Hotel Continental at 13.15, 14.45, 15.00, 15.20, 15.40, 16.10, 16.30, 16.50, 17.10, 17.30

From Red Star Stadium at 17.40, 18.00, 18.20, 18.40, 19.00, 19.20, 19.30, 19.40

4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the hotel information desks. (opening hours see on 4.1)



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5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

The LOC has reserved *one* of good quality hotels for teams, providing full board accommodation and easy accessibility to both the centre of *Belgrade* and the competition venue.

5.2 Information Desk

An information desk will be located in the lobby of the hotel, which will be open from *16 June 8am* until *21 June 06pm*.

5.3 Official Hotels

Team Hotel / VIP Hotel / Media Hotel

Hotel Name	Address, Telephone & Fax	Teams accommodated here	Facilities
<i>Hotel Continental</i>	<i>11000 Beograd, SRB Milentija Popovica 78 Tel 00 381 11 2204204 Fax 00 381 11 2204204 Email sales@continentalhotelbeograd.com Web www.continentalhotelbeograd.com</i>	<i>all</i>	



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5.4 Costs and European Athletics Quota

According to European Athletics Regulation 610.4 accommodation and full board of participating teams for a maximum at 25 (twenty five) male athletes, 25 (twenty five) female athletes and 13 (thirteen) officials for 4 days will be paid by European Athletics.

The following rates must be paid for "out of quota" team members and for additional days:

Team Members	Single room	Twin room
	CHF 120	CHF 120
	per person/night	per person/night

All prices include meals and VAT

Each team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and officials within the quota. Any single rooms above the 10% threshold will be charged at the rate of 120 CHF.

The team leader must settle any extra charges (bar, laundry, telephone etc) at the hotel reception desk, before departure. The team leader will be requested to provide a credit card at the time of checking in at the reception desk to cover any extras.

All payments must be made in *RSD, CHF or EUR.*

5.5 Payment Procedures

An 'out of quota' invoice will be sent to each Federation detailing the amount they owe based on their preliminary entries. Federations are kindly encouraged to make an advance payment of at least 50% by 12 June 2010. Advance Payments should be made in CHF by bank transfer to the following account:

CORRESPONDENT BANK FOR CHF INCOMING PAYMENTS
SWIFT CODE LHBIDFFXXX
LHB International Handelsbank, Frankfurt
SSI ZKBKCHZZ80A
ACCOUNT OF THE BENEFICIARY WITH
SWIFT CODE LIKIRSBGXXX
Marfin Bank a.d. Beograd
BENEFICIARY
IBAN RS35145007080000043077
NAME Athletic Federation of Serbia
ADDRESS Belgrade, Strahinjica Bana 73a

Please note: A copy of the bank transfer will be required on arrival.

The balance of the payment must be paid on-site by the Team Leader on arrival at the Accreditation Centre. Payment can be made by credit card (Visa and MasterCard only) or by cash in *RSD* or Euros.



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5.6 Meals

All meals will be served in the buffet style in the hotel.

The restaurant opening times are:

Breakfast From 07.00 until 10.00

Lunch From 11.30 until 14.30

Dinner From 19.00 until 21.30

Accreditation cards together with meal vouchers (which will be given to teams upon arrival) will allow access to meals.

For lunch and dinner, mineral water is available free of charge. All other drinks must be paid for.

A late serving provision will be made for those athletes detained at the stadium due to doping controls or protests.

5.7 Meeting Rooms for Teams

Arrangements can be made for team meeting rooms through the information desk in the hotel. Requests shall be made at reasonable time in advance.

5.8 Medical Services in the Hotel

Medical Services will be provided by the Medical Centre situated in Hotel Continental for all participants. For any medical services please contact Info Desk. Every team will get one more empty room for Physiotherapist room.

5.9 Telephone Calls

The telephone will be automatically activated to make room-to-room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the information desk at the hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

All delegations will receive a telephone contact list of important telephone numbers for the European Team Championships *Belgrade 2010*.



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6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry submitted through the Teams On-Line Entry System. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed *to each team at the information desk located in the lobby of Hotel Continental upon arrival. Only Team Leaders are authorized to collect the cards.*

6.3 Loss of an Accreditation Card

Any lost or damaged accreditation cards should be reported to the *information desk at Hotel Continental, or TIC*. Duplicate cards can be obtained where proof of identity can be established.

Unauthorised use of an Accreditation card will result in the card being confiscated.

6.4 Access Areas for Teams

A description of the accreditation system is included on the back of the accreditation card.

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Separate cards will be issued to Team Leaders, for access to the Mixed Zone, TIC and Doping Control areas.

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.



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7. TECHNICAL INFORMATION

7.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC and European Athletics Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located between warm-up area and the stadium, next to the entrance of the transit tunnel leading to the infield (marked 4b in Appendix 4).

The TIC will be open at the following times:

Friday, 18 June	09.00 – 21.00 h	in the Hotel Continental
Saturday, 19 June	12.30 – 20.00 h	
Sunday, 20 June	12.00 – 20.00 h	

The TIC will be responsible for the following:

- Receipt of written questions to be answered during the Technical Meeting
- Competition information (start lists, results, etc)
- Liaison points concerning technical matters between Team Delegate(s), Technical Delegate(s), European Athletics and LOC
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegates, European Athletics and LOC
- Settlement of technical enquiries from the teams
- Registration and collection of personal implements. (e.g. shot put, etc.)
- Recovery of confiscated items at the call room
- Request of documentation for national records (additional doping control)
- Withdrawal of athletes
- Receipt of final declaration of members of relay teams
- Receipt of protests from the teams
- Official invitation and/or entrance tickets ordered by the teams

All technical information regarding the competition will be distributed to each delegation in a special mailbox given to each team. This information will also be displayed on information boards. Information put in the mailboxes will include daily programme, start lists, results as well as official information from European Athletics and LOC.

Access to the information in the pigeon boxes will be controlled by a separate entry card, not by the accreditation card. TIC cards will be given to each team leader.

Teams that were not able to attend the Technical Meeting, under extreme circumstances, can collect their competition numbers from the TIC after the technical meeting.

On Thursday, 17 June and Friday, 18 June relevant communication will be done through the Information desk in the Hotel, set up for this event.



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7.2 Technical Meeting

The Technical Meeting will be held on Friday, 18 June at 18 h (approximately) in the Continental Hotel

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, to the TIC before 14 h on Friday, 18 June. The Technical Meeting will be conducted in English.

The Teams should confirm final entries at arrival so that the start list can be handed out at the technical meeting.

The Technical Meeting will be attended by:

- European Athletics Delegates
- Jury of Appeal
- Representatives of the Local Organising Committee
- Relevant National Competition Officials
- TIC Representatives
- Competition Data processing representative
- European Athletics Staff

7.2.1 Technical Meeting Agenda

The preliminary agenda of the Technical Meeting includes:

- Opening welcome address by the LOC President
- Presentation of the International Officials
- Presentation of the Senior Competition Officials
- Presentation of the competition and warm up sites
- Information from the Technical Delegates on the following points:
 - Information on specific ETC Regulations
 - Allocation of lines
 - Call room procedure and schedule
 - Starting heights and bar raising increments
 - Scoring and ties
 - Competition Bibs
 - Answers to written questions submitted by the delegations
 - Other relevant issues
- Doping Control & Medical
- Opening and Closing Ceremonies

During Technical meeting will be made distribution of competition Bibs.



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7.3 Equipment

The implements provided by the LOC (see implement list, appendix 2) are selected from those appearing on the current IAAF approved equipment list as at 1 April 2010.

Teams requiring use of their own IAAF approved implements not listed by the LOC must present the request for inclusion such implements in the competition pool, subject to checking, prior to the Technical Meeting in the Information desk in the hotel. Equipment must be presented for checking in TIC before 13.00 h each day of the competition. It will be returned only after the completion of each day's events.

Basic implements will be provided for warm up and training.

Vaulting poles must be delivered by shuttle bus in the stadium by 13.00 h each day of the competition. The poles will be brought to the competition site in due time by the organisers. After the competitions, the organisers will take the poles to the teams hotels and further transportation will be arranged by the organisers as required.

7.4 Inspection of Competition Venue

Heads of Delegation may visit the Red Star Stadium inspecting access routes and other facilities which will be important to the teams on Friday, 18 June at 16 h. Heads of Delegation are to meet LOC members at the Hotel from where they will be escorted on this visit.

7.5 Competition Area

Crvena zvezda (Red Star) stadium and its surroundings are shown in appendix 4 of this document. There are 67,000 seats in the stadium, 22,000 on the west tribune.

The stadium has the following competition sites:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 2 site for Long/Triple Jump
- 1 Shot Put Circle
- 1 Combined Discus/Hammer Circle
- 1 Javelin site

The Warm up area has the following sites:

- Grass warm up area (marked 2 in appendix 4)
- Indoor 60m track and long/triple jump site (marked 7a in appendix 4)

There are no particular athletes' seats in the stadium. Seats in the all parts of the stadium are available to the athletes and coaches, and can be approached from the west tribune.



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7.6 Dressing Rooms

Dressing rooms with showers are located in the Red Star Club building (marked 5 in appendix 4)

7.7. Physiotherapy

A space will be reserved next to the Warm-up Area for physiotherapy, where physiotherapy tables and ice machines will be available.

7.8 Training

Athletes will have the possibility to train at the competition venue in the Red Star Stadium

Thursday, 17 June	17.00 – 19.00 h	Running and Jumping events
Friday, 18 June	10.00 – 12.00 h	Running and Jumping events
	18.00 - 20.00 h	Running and Jumping events
	16.00 – 17.00 h	Discus Throw
	17.00 – 18.00 h	Javelin Throw

The competition Warm Up area (marked 2 and 7a in appendix 4) will also be available during this time only.

Athletes will have the possibility to train in the Military Academy Stadium

Friday, 18 June	17.00 – 19.00 h	Shot Put
	17.00 – 19.00 h	Hammer Throw

(lifting room will be available for training)

Equipment and implements necessary for training will be available at the training venues. Officials will be present to help in the case of problems or special requirements. Water will be available at the training venues. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weight training room at the Red Star Stadium (marked 7b in appendix 4) will be open

Thursday, 17 June	17.00 – 19.00 h
Friday, 18 June	10.00 – 12.00 h and 16.00 – 19.00 h
Saturday, 19 June	14.00 – 19.30 h
Sunday, 20 June	14.00 – 19.30 h

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks in the hotel.

7.8.1 Training with Official Starters

This will take place at Red Star Stadium, Friday, 18 June 18.00 – 18.30 h



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8. COMPETITION REGULATIONS

8.1 Team Composition

According to 603.1 each European Athletics Member Federation may enter one team comprising a maximum of 50 (fifty) athletes (25 male and 25 female athletes). European Athletics will cover board and accommodation for a maximum of 13 Officials per team.

8.2 Competition Entry Procedures

8.2.1 Final Entries

Final entries shall be made through European Athletics online entry system. The online entry system will be accessible on European Athletics website: www.european-athletics.org in the section "**Member Federations Zone/Competition**". Member federations should use the already known ID and password.

Final entries indicating the names of the athletes and their performances in the current year, plus the names of officials must be submitted not later than 5 (five) days before the first day of the competition.

All teams will receive a .pdf report with a status of their entries 24h before the deadline and one .pdf confirmation after closing of the system.

According to the regulations the deadlines for final entries are:

- opening date of the online entry system: May 31st 2010 at 24.00 CET
- deadline for the entries: June 14th 2010 at 24.00 CET

8.2.2 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation by team attaché upon arrival. The Teams should confirm final entries at arrival. Final start lists will be ready for collection at the Information desk on Friday evening or Saturday morning.

The final relay team and the running order must be submitted to the TIC using the respective form not later than one hour prior to the Call room report time.

For more details please refer to European Athletics Regulation 603.

8.2.3 Withdrawal

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form.

8.3 Competition Bibs

The LOC will provide the teams with competition bibs after the Technical Meeting.

For individual events, each competitor will receive 2 individual bibs and one official three-letter Country Code bib. Individual bibs must be pinned to the front of the competition clothing and to the back of the tracksuit. Country Code bib must be pinned to the back of the competition clothing. Exceptions are made for High Jumpers and Pole Vaulters: these



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competitors are permitted to attach their individual (number) bib only to the front or to the back of their competition clothing. Bibs must not be cut, folded or covered in any way.

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib.

Clothing will be checked in the call-room before athletes enter the infield.

8.4 Scoring

The European Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on.

Athletes or relay teams disqualified or failing to finish will not score any points.

In the case of a tied event, the combined points of the tied competitors shall be divided equally.

The team having the highest aggregate number of points shall be the winner of the European Team Championships 2010, 2nd League.

In the case of a tie in the overall total of points, the team with the most first places will be the winner. Should the tie then still remain, the team with the greater number of second places shall be given the higher position and this system shall be applied, if necessary, to subsequent placing until the tie is decided (Regulation 602.12).

8.5 Competition Clothing

Competitors must wear the Federations official team clothing. IAAF Rule 8 & 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations (version 01/01/2009).

Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

The European Athletics has a record of the Team vests of all Member Federations on the European Athletics website. If the uniform displayed on the website differs from your current official uniform, a full set of photographs must be provided to **European Athletics** by **1st of June 2010** the latest (preferably in an electronic version):

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: competition@european-athletics.org
- Otherwise, the existing records will be used as reference

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition but also during any victory lap and official interviews if any.



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8.6 Specific Competition Regulations

8.6.1 Field Events except vertical jumps

There will be a maximum of four trials per competitor in each event. All participating athletes will have three qualification trials (1st, 2nd and 3rd trial). The best 4 athletes after the 3 qualification rounds will compete in the Final (4th round).

The 8 athletes with lower performance will be ranked by their best performance after the 3rd qualification trial. The remaining 4 athletes will be ranked by their best performance after the Final (4th round). IAAF Rule 180.19 will apply for ties.

8.6.2 Vertical Jumps

Each competitor shall be entitled to a **maximum of 4 (four) fouls only throughout the whole field event**. All the other relevant IAAF Rules for the vertical jumps will apply. IAAF Rule 181.8 will apply for placings.

The time permitted for each attempt in High Jump and Pole Vault shall be 1 (one) minute except when consecutive attempts are by the same athlete in which case IAAF Rule 180.16 shall apply.

Except a tie for the first place, the winner is allowed to continue according to IAAF Rule 181.2 and 181.4.

8.6.3 Track events

According to IAAF Rule 162.7 no false start is allowed. Any athlete committing a false start will be disqualified.

8.6.4 Starting Order and Distribution of Athletes per heat

The order of attempts in **field events and races of 800m and longer** was decided by a draw conducted by European Athletics. Starting order and lines, according to Appendix 1B of European Team Championships Regulations are given in Appendix 3.

In the **horizontal field events** the order of trials in the first round will be kept until the 3rd trial. The order of the trials in the final round will be the reverse order of the ranking after the 3rd round.

For the races up to 400m inclusively the distribution will be based on the athletes' season and personal best performance. The final distribution is under the discretion of the technical Delegate.

For the 4x100m and 4x400m relays the teams distribution per lanes will be according to the teams scoring standings 1 (one) hour before the scheduled hour for the event.

In line distribution IAAF Rule 166.4 b will be followed.



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9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to [Appendix 1](#) for the competition timetable.

9.2 Warming Up Before Events

Warming up will take place in the grass area (marked 2 in the map appendix 4) and indoor facility (marked 7a in the map appendix 4) (See point 7.5.)

9.3 Assembly and Call Room Procedures

The first call for the participants will be made in the *call room* (marked 4a in map appendix 4). It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry to the call room. Athletes arriving late may be excluded from participation in the event.

All athletes must report to the call room.

Athletes must report to the Call Room before each event not later than as follows:

- Running events 20 minutes
- High Jump, Long and Triple Jump, 40 minutes
- Pole Vault 70 minutes
- All throwing events 40 minutes

Athletes will be escorted from the call room to be at the competition site before the start of the event as follows:

- Running events 10 minutes
- High Jump, Long and Triple Jump, 30 minutes
- Pole Vault 60 minutes
- All throwing events 30 minutes

9.4 Event Presentation format

Participating athletes will be presented to the audience at the competition site:

- Running events - at the start, 2 minutes before the beginning of the start procedure
- Field events – after the practice trials, 3-4 minutes before the beginning of the event

9.5 Competition Preparations

9.5.1 Field Events

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.



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9.5.1.1 Trials in Field Events

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

9.5.1.2 Measurements

Vertical jumps will be measured with certified steel bars.
Long and Triple Jump and Shot Put will be measured with certified steel tape.
Long throws will be measured with electronic distance measuring devices

9.5.2 Track Events

Tracksuits shall be placed in baskets at the start, and will be taken to the post event area (marked 17 in the map appendix 4) for collection after the race.

9.5.2.1 Starter's Commands

The starter's commands will be given in Serbian language

The starter's command for the distances up to and including 400m and 4x400m relay are:

Na mesta – pozor – shot
(on your marks – set – shot)

For distances of 800m and over, the commands will be:

Na mesta – shot
(on your marks – shot)

If for any reason the starter wants to halt the starting procedure he will command:

Ustanite
(Stand up)

TIME TRONICS, FALS START II false start detection system linked to the false start console will be used.

9.5.2.2. Timing

The official timing will be provided by a MAC FINISH II ETHERNET 256 MB device, backup timing by a MAC FINISH II SCSI 8 MB system

For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

9.6 Leaving the stadium during the competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.



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9.7 Leaving the stadium after the competition

After the competition, athletes leave the infield immediately to the post event area. The clothing baskets from the track events will be brought there.

9.8 Drinking Stations

Water will be provided in the warm-up area, infield, and post event area. Water will also be provided during 5000m race if weather conditions request that.

9.9 Protests

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.10 Interviews

Journalists interested to contact the athletes after the event will do that in the post event area.

Athletes may also be asked to for an official interview. They will usually be held before doping control testing.

9.12 Doping Control

9.12.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate.

Athletes selected for doping control shall be informed by anti doping officers. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete should report immediately to the DCC unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded



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that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

9.12.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.12.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the DCC.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.



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10. Medical Services

10.1 General

The medical service is in charge of any medical assistance to the team leaders, the competition organisation, the personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (European Athletics Regulation 610.12).

10.2 Medical Services in the Hotel(s)

Contact person for any health troubles is team attaché. The doctor will be contacted directly by team attaché.
In the hours when team attachés are not available (22 h – 8 h) the hotel reception desk will be contacted.

10.3 Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health. Mobile medical unit will be present at all time during training, warm up and competition. The team doctors will have access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.

10.4 Physiotherapy

Each team will have one tent in the warm up area which it can equipped with physiotherapy-tables.

11. Information

11.1 Stadium

A clock showing the race time is positioned in the in-field near the finishing line.

Result of each trial in field events will be shown on rotating manually operating scoreboards.

All results of the events and team standing will be displayed at the stadium electronic / video board.

11.1.1 Announcements

Official announcements will be made in Serbian and English.



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11.2 Start Lists and Results

Final start lists will be ready for collection at the Information desk on Friday evening or Saturday morning

Results will be available for Team representatives in TIC and displayed on the notice board.

Completed results in the form of a booklet will be issued to Team Managers at the Closing Banquet.

12. Security

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

The emergency phone numbers are 92 - police, 93 - fire department and 94 - ambulance. If necessary, all can be contacted via team attaché or TIC.

The emergency phone number is given in the General Information about Belgrade (police, ambulance and fire department). If necessary, the police can be contacted via the TIC at the Stadium. The TIC can also be contacted for lost and found objects.

13. Opening & Closing Ceremonies

13.1 Opening Ceremony

The Opening Ceremony will take place on the stadium, on Saturday, 19 June, commencing at 16 h.

Opening Ceremony will not involve athletes or team officials.

13.2 Closing Ceremony

The Closing Ceremony will take place on Sunday 20 June, immediately after the last event. All team members are invited; gathering no later than 18.30 at the meeting point situated at Warm-up stadium.

13.3 Closing Banquet

The Closing Banquet will take place on Sunday 20 June at 21.00 in Continental Hotel. Everyone with accreditation or an invitation is welcome to attend.



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14. Departure

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24 hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the rooms will be checked together with the team leaders.

LOC will provide the poles transportation from hotels to the airport.

15. Contact Details

For further details about the European Team Championships Belgrade 2010 please contact:

15.1 Office of the Organising Committee

LOC Office
VIP zone (five „red star,, stars)

Red Star Stadium, tel & fax +381 11 3672060 from 18-20 June (09.00 – 21.00)

Office of Serbian Athletic Federation, tel +381 11 2625077 fax +381 11 2627371 e-mail: asj@eunet.rs Web: www.serbian-athletics.org.rs

Appendices

- Appendix 1 - Timetable
- Appendix 2 – Implements list
- Appendix 3 – Event draw
- Appendix 4 - Map of Stadium, Warm-Up and Training Areas
- Appendix 5 – Accreditation system



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Appendix 1 – TIMETABLE

EUROPEAN TEAM CHAMPIONSHIPS - SECOND LEAGUE
BELGRADE / SRB
19/20 June 2010

TIMETABLE

Saturday, June 19th 2010

Start Time	Track		Jumps		Throws	
15:30					Hammer Throw	Men
16:00			Pole Vault	Women		
16:10	Opening Ceremony					
16:30	400m Hurdles	Women				
16:40	400m Hurdles	Men				
16:50	100m	Women				
17:00	100m	Men	Long Jump	Men	Discus Throw	Women
17:10	800m	Women				
17:20	1500m	Men	High Jump	Men	Shot Put	Men
17:35	3000m Steeplechase	Women				
17:55	400m	Women				
18:05	400m	Men				
18:15	5000m	Men	Triple Jump	Women	Javelin Throw	Women
18:40	3000m	Women				
19:00	4x100m	Women				
19:10	4x100m	Men				



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Sunday, June 20th 2010

Start Time	Track		Jumps		Throws	
15:30					Hammer Throw	Women
16:00			Pole Vault	Men		
16:30	100m Hurdles	Women				
16:40			Triple Jump	Men		
16:45	110m Hurdles	Men			Discus Throw	Men
17:00	800m	Men				
17:10	1500m	Women				
17:25	3000m Steeplechase	Men	High Jump	Women		
17:45	200m	Women			Shot Put	Women
17:55	200m	Men				
18:00			Long Jump	Women	Javelin Throw	Men
18:05	5000m	Women				
18:30	3000m	Men				
18:50	4x400m	Women				
19:00	4x400m	Men				



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Appendix 2 – IMPLEMENTS LIST